Answers:

(1) (a) area of trapezium = $\frac{1}{2} \times sum \ of \ parallel \ sides \times height$

$$45 = \frac{1}{2}(x - 1 + x + 2)(2x)$$

$$= (2x + 1)(x)$$

$$= 2x^{2} + x$$

Or,
$$2x^2 + x - 45 = 0$$

$$(2x-9)(x+5)=0$$

 \therefore 2x = 9 (only positive value valid)

$$x = 4.5$$

(b) Let the length of each side of equilateral triangle = l

Each interior angle of the triangle $=60^{\circ}$

Area of triangle =
$$\frac{1}{2} \times l^2 \times sin60^\circ = 45$$

$$\therefore l^2 = \frac{90}{sin60^\circ}$$

$$l=10.2\,$$
 cm (to one decimal point)

(2) Let the breath of rectangle = a cm

Therefore the length = 3a cm

Perimeter of rectangle = a + 3a + a + 3a = 32 cm (given)

$$\therefore 8a = 32$$

$$a = 4$$

And
$$3a = 12$$

 \therefore area of rectangle = $4 \times 12 = 48 \text{ cm}^2$